

## Cold Buffet Menus – Build Your Own

10 guests minimum. All prices are per guests, unless otherwise noted. HST is extra. Some items require 48 hours notice.

**All Cold Buffets Menus Come with Your Choice Of:  
2 Fresh Salads + Fruit Salad OR 2 small Chocolate Chip Cookies**

### CHICKEN BREAST \$17.95

Greek chicken grill, tomato-olive-feta salsa  
Fit house seasoned chicken, duo of fit salsas  
Glazed honey mustard chicken, sliced green onion orange salsa  
Cilantro lime grilled chicken, avocado yogurt drizzle and grilled lime  
Basil, no nut, pesto chicken, grilled tomatoes & parmesan cheese flakes

### FISH | SEAFOOD \$19.95

Grilled salmon, black pepper strawberry mint salad  
Salmon corn cake, black bean-tomato salsa  
Cajun spiced grilled shrimp, cucumber arugula & mango slaw

### BEEF TENDERLOIN \$21.95

Caramelized beef, blue cheese crumble and caramelized onions (\$1 more)  
Soy-sherry ginger beef, chunky coconut peanut sauce  
Flame grilled beef, chimichurri sauce  
Korean beef sizzle, bulgogi sauce, white and black sesame seeds

### VEGETARIAN | VEGAN \$15.95

Sweet potato and grilled vegetable tower, basil balsamic pesto  
Black bean & quinoa sweet potato burgers, roasted red pepper feta dip  
Stuffed quinoa Mexican peppers, lime yogurt drizzle

### ADD ON'S

*Please refer to our full list of salads, sides, desserts and entrees to make your selections. All prices are per person.*

More Greens, Extra Salads Starting At \$3

Herbed Crostini and Hummus \$1.50

Dinner Roll and Honey Butter \$1.50

Assorted Fruit Options Starting at \$3.00

Small Chocolate Chips Cookies (2) \$1.50

2nd Entrée: \$4 Chicken | Salmon \$5 | Beef Tenderloin \$7 (When You Add A 2<sup>nd</sup> Entrée, You Get 3 Ounces of Each Entrée)